



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

☎ 2262 0661/65

❖ Minutes and/or Resolutions of Board of Studies meetings held in the last five years for:

• Department of Psychology

Programme/s: Psychology courses of

1. BA Psychology
2. BA (Economics and Psychology)
3. BA (Psychology and Anthropology)
4. BA (Psychology and Sociology)
5. MA (Lifespan Counselling)

• Summary

| Academic Year | Dates of BoS meetings | Revision in syllabus |
|---------------|-----------------------|----------------------|
| 2019 - 2020 | 02-03-2020 | ✘ |
| | 17-10-2019 | ✘ |
| 2018 - 2019 | 01-03-2019 | ✓ |
| 2017 - 2018 | 13-03-2018 | ✓ |
| 2016 - 2017 | 14-03-2017 | ✓ |
| 2015 - 2016 | 11-01-2016 | ✓ |
| 2014 - 2015 | 19-03-2015 | ✓ |



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2019-2020

Dates of BoS

1. 17-10-2019
2. 02-03-2020



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

© 2262 0661/65

Minutes of the Psychology BOS meeting
held on Thurs. 17th October 2019.

- Previous minutes were read of BOS 1st March 2019.
- The following members had requested a leave of absence:
 - Ms. Jyothi NK.
 - Ms. Madhuri Vaidya
 - Ms. Archana Patki
 - Dr. Mansika Kapoor.
- Dr. Danielle presented an update on the MA course (a written report with details is attached)
 - admission process
 - course work
 - evaluation
 - practicum
- Devika Mehta's report on the Diploma Course was also shared. (written report attached)
- Suggestions included
 - YIMR should be requested for the use of a classroom to be used by MA (on Mon, Tue, Wed) and by Diploma (on Thurs, Fri, Sat)





ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

ST. XAVIER'S COLLEGE (AUTONOMOUS), MUMBAI
M.A. PSYCHOLOGY: LIFESPAN COUNSELLING

Board of Studies Report - October 2019

(A) Admission Process

About 220 students applied online for the course through the month of May 2019. The entrance examination was held in the first week of June 2019. 140 students sat for the entrance examination. This exam was for 120 marks - 100 marks of multiple choice questions that tested students knowledge and understanding of concepts in psychology that would have been covered over the span of a three year B.A. Psychology course, and 20 marks for a subjective essay question designed to explore the student's thought process. The first Merit list was released on June 8th, 2019. Students were sorted by performance, giving 60% weightage to their entrance examination marks and 40% weightage to their third year B.A. marks. According to merit and the required reservation quotas, 30 students were selected.

Learnings from the process include the following:

- Measuring TY performance in marks not grades. Students apply from all over the country and the marks-to-grade conversion is different in each place.
- Possibly having a minimum cut-off score for the entrance examination
- Including a component, either in the exam or in an interview later, that allows judgment of the student's mental health fitness.

(B) Course Work for Semester I

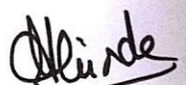
Five papers were taught in Semester I for a total of 16 credits, or 240 hours of teaching. These were Behavioural Neuroscience, Cultural Context of Counselling, Counselling Process and Skills, Research Methods and Statistics in Psychology and Theoretical Approaches to Psychotherapy. Modes of internal evaluation (40% weightage) included presentations, class tests, weekly assignments, audio recording and transcription of mock sessions, theme papers.

Learnings from the process include the following:

- Students appreciated the contents of every course and felt all were taught in a manner that made obvious the relevance to counselling.
- Students were stressed about the multiple evaluations that took place throughout the semester. The high difficulty level also adds to the pressure.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

(C) Research Work for Semester I

The 30 students were divided and assigned to 4 research guides - the two permanent faculty of the course and two external guides brought in - Dr. Mrinalini Purandare and Dr. Aninha Lobo. The research work for this semester involved identifying a research topic and carrying out a review of the literature on the topic, eventually narrowing down to the specific research objectives of the current study and the rationale behind it. Students made a proposal presentation at the end of the year which was evaluated by a two-person panel consisting of their own guide and an external examiner.

Learnings from the process:

Logistic issues regarding scheduling research meetings with the external guides who were not easily accessible on campus like the permanent faculty are.

More time to be spent on identifying the research topic before the assigning of the guides.

(D) Group Process and Personal Therapy

Students attended three off-campus, overnight Group Process retreats at Premanjali Counselling Center in Nalasopara - one in July and two in August for a total of 42 hours of group process work. They also had to mandatorily attend five sessions of personal therapy. Three personal therapists were made accessible on the St. Xavier's College campus for this purpose. At the end of the semester, students handed in a process journal, containing descriptions and reflections on both the group process retreats and their personal therapy. Attendance of all sessions and handing in the completed process journal were the requirements for their grade.

Learnings from this process:


Students had very positive feedback about the group process retreats. It helped them to work through the issues in their lives, but also built cohesion in the class and increased their comfort level with each other.

Personal therapy was also found to be helpful. At a logistical level, the length of time between sessions was varied and lacked uniformity due to the 30 students needing to be divided across three therapists.

Overall, the semester ran well without any major hitches. There was a lot of learning since this is a new experience. The challenge of the second semester is the introduction of fieldwork.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

ST. XAVIER'S COLLEGE, MUMBAI



**Psychology
Department**
**P.G.Diploma Expressive
Arts Therapy**

Board of Studies Update

Admission:

- 1) Difficulty in starting the admission process on time due to the glitches in the portal. The admission process started end of May as to Mid may as previously established.
- 2) We had 40 applications on the Google form. 29 applications on the portal. Additional paperwork had to be done due to the glitches. 19 were shortlisted for the interview based on eligibility. 13 successful admissions.
- 3) Program started as per proposed dates.

Logistics:

- 1) 1st month in conference room XIMR went smoothly.
- 2) Seminar Room has been a little difficult in terms of starting on time due to the interim required cleaning time.

Faculty:

- 1) All the faculty as mentioned in the proposal have been able to confirm teaching dates and some of them have come and taught already.
- 2) We have received a good feedback from the students regarding their level of expertise on the subjects being taught and their offerings to the program.
- 3) Relevant reading material has been either provided by the program or sent in a soft copy format to the students pre and post lectures. The students also have access to the Library as well as N-List.
- 4) The syllabus is being followed as was mentioned in the proposal.

Assessment:

Total number of internal assignments given as of 20th September (20 marks each):

Counselling Paper : 1

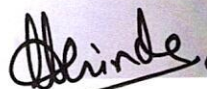
EAT Theory Paper: 2

Fieldwork: 1

Each assignment is scored by 2 members: 1 visiting faculty and either the Course Director or the Assistant Co-ordinator (Both of the latter are trained at the master's level) to reduce bias.



NAAC SSR Cycle 4 (2015-2020):
1_1_2 BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.

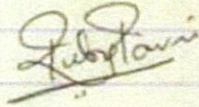



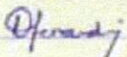
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
© 2262 0661/65


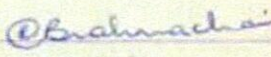
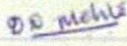
Monday 2nd March 2020


The Psychology Department BOS meeting was held in the Board Room on Monday 2nd March 2020.

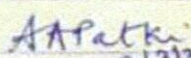
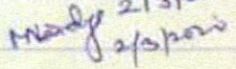
The following BOS members were present.

Head of the Dept: Ms. Ruby Parvi 

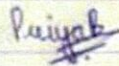
Faculty of the Dept: Ms. Linda Dhakul 
Fr. Dean Fernandes 

Dr. Danielle Pereira 
Ms. Ruchi Brahmachari 
Ms. Devika Mehta. 

One V.C. Nominee: Ms. Jyothi N.K. 

Two Subject experts } Ms. Archana Patki 
Ms. Madhuri Vaidya 
Mandy 21/3/2020
a/s/p/s

1 Industry expert: Dr. Hansika Kapoor -

1 P.G. Alumnus: Ms. Priya Baid. 





ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

SXC/Name of Dept/BOS | 2019-20

DEPARTMENT OF PSYCHOLOGY
ST. XAVIER'S COLLEGE (AUTONOMOUS), MUMBAI
BOARD OF STUDIES MEETING of SUBJECT BOARD- PSYCHOLOGY

Day and Date: Monday, 2nd March, 2020

Time: 12:00 to 2:30 pm

Venue: Board Room

Agenda:

- Passing of the previous BOS minutes
- Action taken report
- A discussion on potential Syllabi changes (in the context of the circular on Learning Outcomes from Psychology courses)
- Sharing of the assessment patterns used in Question papers and CIA
- Analysis of student feedback on courses and report on Fieldwork for MA (especially the new PG courses)
- Guidelines for TY selection (combinations) and admission process for MA next year.

It has been resolved that the minutes of the BOS Psychology meeting held on Thursday, 17th October, 2019 be passed.

| Representation | Name | Affiliation | Signature |
|---|-----------------------|-------------|-----------|
| Chairperson: Head of the Department | Ms. Ruby Pavri | | |
| Department faculty members | Ms. Linda Dhakni | | |
| | Fr. Dean Fernandes | | |
| | Dr. Danielle Pereira | | |
| | Ms. Ruchi Brahmachari | | |
| | Ms. Devika Mehta | | |
| VC nominee | Ms. Jyothi N.K. | | |
| Industry Expert | Dr. Hansika Kapoor | | |
| Subject Experts from other Universities | Ms. Archana Patki | | |
| | Ms. Madhuri Vaidya | | |
| Experts from outside the college (co-opted) | | | |
| Other members of staff of the same faculty | | | |
| Postgraduate meritorious alumnus | Ms. Priya Baid | | |



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

SXC/Name of Dept/BOS | 2019-20

The meeting started with the discussion of the Agenda of the Meeting and the discussion of the minutes of the last meeting, the action taken for some of the suggestions was also discussed (paying the Lab Assistant, Peons and also, space availability and constraints).

Further, a follow up on the reports of the PG courses that were already mailed to the BoS members was done

For the UG Courses the discussion that happened is as follows:

The LOCF Document and its contents (in the areas listed below), as could be applicable in our syllabus was discussed

- Applying the Indian Element to teaching
- Foundation Courses
- Core Courses and Electives
- Skill based courses

A faculty member was of the opinion that sound knowledge about Statistics should be imparted to the students either by Introducing an Entire Course, Unit or even a Certificate Course on the same.

It was proposed that as a part of autonomy, syllabus can be different as compared to the Affiliated University, which was responded to by stating that we are already working towards that end.

The discussion then progressed to the discussion of the Syllabi across all UG Courses, the evaluation criteria and credits offered for each course.

There was a detailed discussion on how the Choice Based Credit System operates and also, how the credits for each of the courses offered are determined, with reference to why a core paper will have different credits from an applied component paper.

Post this; there was another suggestion on the lines of renaming the courses and restructuring the content a bit.

- FYBA: Very heavy on cognition. Positive psychology or strengths based perspective. Language could be removed. Motivation and emotion could shift to the first semester. Behavioural neuroscience could be termed as bio-physiological. Perception could move into the second semester. Add an Indian strength based perspective in perspective. Perspectives/Approaches (Odd) and Processes (Even)
- SYBA: Theory and Application type of renaming and structuring in Developmental and Social Psychology Courses

A member of the BoS also opined that there could be changes in the evaluation and assessment criteria of some papers like Developmental Psychology, which was taken into account.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Alinda
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

SXC/Name of Dept/BOS | 2019-20

The PG faculty for Expressive Arts Therapy then proceeded to discuss about the Diploma course on the following lines

- Logistics of the course, in terms of space availability, the kind of space and materials required, etc was discussed with the Board
- Faculty of the course, with respect to the nature of the course, the expertise of the Faculty coming in and the Ethical Considerations the visiting faculty need to keep in mind. The possible ways of having a system in place was discussed by the Board and Faculty members
- Syllabus, in terms of its structure and yet the freedom given to each faculty member to explore it as per the classroom dynamics was also something that was appreciated
- Internship, the way it was planned and conducted for the Diploma in Expressive Arts Students was discussed and the Board Members were happy with the efforts taken on field.
- Future Plans, in terms affiliation to the University of Mumbai: its pros and cons, turning into an Independent MA program a few years down the line were also pondered over

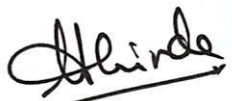
The PG faculty for MA in Lifespan Counselling then proceeded to discuss certain key aspects of their course

- Structure of Courses and Lectures: 2 courses by in-house faculty and 2 by visiting faculty, managing of hours allocated to visiting faculty to ensure that student credits are made up, ensuring that it is a mix of theory and practice based knowledge
- Assessment and Evaluation Criteria: A mix of subjective and objective, across all courses and papers was discussed
- Fieldwork: The nature of the Fieldwork across the course was clarified. In addition to that, the manner in which fieldwork was done over the semester in terms of individual and group therapy cases, supervision, multi-pronged assessment and nature of feedback was discussed.
- Dissertation Work: The nature of the Dissertation Research work across the course was made clear, in terms of the logic behind doing so. The plans in terms of getting a good research outfit on board as dissertation mentors and its benefits were discussed.
- Revision in Admission Process: Considering the intensive nature of the course Work, ways to caution students about their own mental health concerns and repercussion of joining the course were discussed. Screening at the time of admission - there needs to be a written declaration. This will have to be checked with the lawyer. Also, the need to have a uniform cut off criteria in place was discussed by the Faculty members.

After a realistic assessment and discussion on all poignant areas of work, the Board members wised the faculty luck and really lauded the way things have been done so far.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2018-2019



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

(New BOS)

Friday 1st March
(2019)

The Psychology Department BOS Meeting
was held in the Psychology Lab on Friday
1st March 2019.

The following 7 BOS members attended the meeting

Head of the Dept: Ms. Ruby Parvi *Ruby Parvi*

Faculty of the dept Ms. Linda Dhakul *Linda Dhakul*
Fr. Dean Fernandes *Dean*

One VC nominee Ms. Jyothi N.K. *Jyothi*
(subject expert)

Two subject experts (from outside the parent university)
Ms. Archana Patki *Archana*

Ms. Madhuri Vaidya *Madhuri*

One Industry expert: Dr. Hansika Kapoor —

One PG Alumnus: Ms. Priya Baid. *Priya*

Invited experts:

Dr. Danielle Pereira — *Danielle*

Ms. Devika Mehta — *Devika*

Dr. Niti Seth — *Niti Seth*

Aliende

PRINCIPAL

ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

Psychology

Minutes of the BOS meeting on Wednesday 13th February, 2019

Jyoti was not present. Mrunmayee and Darshil were the student representatives. Maurelle, Danielle and Devika were invited. Devika could not be present in person. Ruby read out the minutes of the last BOS meeting and clarifications were made.

Our BOS will be restructured. We have made suggestions for members.
Postgraduate courses - MA in Lifespan Counselling, a Diploma in Expressive Arts therapy and a certificate course in sports psychology.

- # Certificate in sports psychology - intake of 30-35, minimum of 12, 3 months - 36 hours in total, two batches mentioned in the course proposal, specifics of admission in terms of percentage, inclusion of minority, SC/ST,
Will it be clear that this is only a bridge course, a field visit would need to be factored in, selection criteria needs to be clear, it also needs to be specified what it is a bridge course for, can we use the term "bridge", the objective of the course must be clear, objective of every module should be clear, the term "prepared" needs to be looked at, is there any arrangement for placement and if not it should be clear, the last module has research project/proposal but they are not being taught how to do a research proposal/project, who will teach, Glenmark and Jindal could be contacted, understand and develop skills - are people really taught skills?
Distinction between bridge, research and applied course. There was a need to have a longer course with an applied focus. Research methods should also be looked at. The one year diploma could be considered as a way to apply for programmes in the US. If we consider one year, then the objectives and modules have to be reworked.
Coaching and mentoring is another area of focus. If one year, fieldwork or internship will be required.

- # MA in Lifespan Counselling - in the month of May, only semester 5 marks will be available, question of eligibility is important, 6 papers will mean what?, the criteria of admission will have to be very clear, students from other parts of the country and the world will apply. Will double majors be accepted? A student might ask for a reading list in case they are not full majors, is there an age criteria? What about distance education course students? The application eligibility should be lenient, but the selection procedure should be stringent. We can follow the TISS model of admission. The cut off needs to be determined - will marks be important, experience,
The screening out will be important but how will it be determined.
Applications can be screened out - academic experience, work experience needs to be considered.
Credit based semester grading system (not choice based grading system)
The research proposal and project would be different from their fieldwork.
Neurological and not biological will be mentioned.
Unit wise and course objectives
Written evaluation needs to be specified - exam, assignment
The breakup of exams will need to be specified.
References need to be mentioned. Indian references are important.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Shinde
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.




ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

Indigenous perspectives more important rather than multicultural.
Alternative therapies need to be introduced - Reiki, Yoga etc.
Is the course only Western or are Eastern approaches, contemporary approaches also included?
Cultural factors as well as myths need to be factored in.
Mindfulness can be included.
Practicum - what are the issues the students will deal with? Details of the practicum must be clear. Observations, case history and therapy, field supervisor
NLP can be fitted in - in the Counselling for special populations.
We are looking at a maximum of 25.
Would a student choose Xavier's over Mumbai University? The cost is much more.
State policy. Minority policy. SC/ST/OBC policy.
Normal and Abnormal development.
Remuneration and honorarium - to be specified
Norms of attendance per course per semester.
Preference for P.hds to be faculty
Research guides could also be fixed, guidance could be given by research supervisors.

Expressive Arts therapy - affiliated to Xavier's only, not Mumbai University
Indianised version needs to be looked into.
The instruments are only keyboard and guitar.
Curriculum developer should be a psychologist who has worked in the area.
The ones who have developed the course?
Expressive arts used more in workshops, not so much in individual therapy.
Could the person be focused on one of the areas?
Objectives need to be clear
Who are we targeting - undergraduates or skilled counsellors?
Only psychoanalysis has been mentioned.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

Psychology
Minutes of the BOS meeting on March 1st, 2019

All members present except Hansika Kapoor. Two observers Ruchi Brahmachari and Niti Seth were also present. Devika Mehta and Danielle Pereira were present to introduce the two proposed programmes.

PG Diploma in Expressive Arts Therapy

Devika gave us the rationale behind the development and need for this course. She then gave us a brief introduction of the proposed faculty members. She emphasised the need to engage in ethical practice. Inter modality work will be emphasised. 4 Main art forms/modalities will be covered. Niti Seth pointed out that expressive arts are not seen as a clinical modality in the US and hence, not covered under insurance in the US. The course will remain property of the college even if the developers leave the course. They will sign this agreement as they are being paid for having developed the course. Will entry be open to any graduate? - the graduates will be called expressive arts practitioners and not expressive arts therapists. Ethical framework to be maintained by emphasising supervision after completion of the course. Eligibility - sociology, anthropology, could be included. The necessity of psychology and therapy background? Basic psychology exam - will be mainly through self-study. Choose to attend undergraduate psychology classes? - will depend on the teacher. Criteria for exclusion - have to be developed. A structured interview which is standard has to be there. What if people have to take a medical leave? - will they be allowed to complete the course the next year? It will have to be very clear. Personal therapy will be part of the course. Refund of fees? Code of Conduct will need to be signed. A disclosure statement will have to be signed. A legal expert will have to be consulted. A reading list can be developed. We can have an open eligibility - any graduate or only social sciences? An eligibility pre test (consisting of concepts in abnormal, developmental and Counselling psychology) would need to be developed that can be given before admission to the course. Internships will be provided by the team. Therapist fees? - is it included? This has to be decided. College aid and shared departmental aid - in terms of library books. Anything else? Assignments - there is a possibility that the marking breakup of 60:40 could be changed. Theory and skills will be taught separately in different papers. 3 Research Methods will be taught and the dissertation will be using any 1. Criteria for assigning internships - educational and community setups (old age homes) Self disclosure will be an important part of the process. This would need to be mentioned in the disclosure statement. Theoretical approaches will be introduced through every modality and module.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Hansika
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
© 2262 0661/65

The learning objective in 204 could be rephrased
Could it be called a research paper/project instead of a dissertation?

To be looked at:

Eligibility?

Who is the target audience?

Weightage to all the modules - will it be the same?

Age criteria

Providing internships - would it be better for all to get an experience with each of the 4 groups/populations?

The skill component needs to be focused on.

PG psychology students could be focused on.

MA in Psychology - Lifespan Counselling

Individual Counselling will be around 10 hours with therapists of ones choice.

Fieldwork will be two days a week.

The dissertation will be credited in the 4th semester.

Incorporation of the MSE in each age group.


Practitioners could be asked to focus on the process and skills of their expertise.

Two full time and one course coordinator?

The syllabus development was highly appreciated.



NAAC SSR Cycle 4 (2015-2020):
1 1 2 BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65



ST. XAVIER'S COLLEGE
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0662/65

RESOLUTION

The Board of Studies in Psychology, St. Xavier's College, Autonomous, Mumbai, at the meeting of the Psychology BOS, held in the Psychology department on Wednesday 13th February 2019, hereby approves the syllabi drafted for the following Post Graduate courses to be offered in Psychology, with effect from June 2019.

- MA Psychology: Lifespan Counselling (2 year course)
- APSY0701 Biological Basis of Behaviour *Behavioural Neuroscience* * (change suggested by BOS)
- APSY0702 Cultural Context of Counseling
- APSY0703 Counselling Process and Skills
- APSY0704 Theoretical Approaches to Psychotherapy
- APSY0705 Research Methodology and Statistics in Psychology
- APSY0706 Practicum: Group Process and Individual Counseling
- APSY0707 Dissertation: Proposal Presentation

- APSY0801 Normal and Abnormal Development in Childhood and Adolescence
- APSY0802 Psychological Assessment in Childhood and Adolescence
- APSY0803 Counseling special groups in Childhood and Adolescence
- APSY0804 Psychotherapeutic Techniques I
- APSY0805 Practicum: Fieldwork + Case presentations
- APSY0806 Dissertation: Method Presentation

- APSY0901 Normal and Abnormal Development in Young and Middle Adulthood
- APSY0902 Psychological Assessment in Young and Middle Adulthood
- APSY0903 Counseling special groups in Young and Middle Adulthood
- APSY0904 Psychotherapeutic Techniques II
- APSY0905 Practicum: Fieldwork + Case presentations
- APSY0906 Dissertation: Analysis Presentation

- APSY1001 Normal and Abnormal Development in Late Adulthood
- APSY1002 Psychological Assessment in Late Adulthood
- APSY1003 Counseling special groups in Late Adulthood
- APSY1004 Psychotherapeutic Techniques III
- APSY1005 Practicum: Fieldwork + Case presentations
- APSY1006 Dissertation: Report Submission



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Shinde

PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
© 2262 0661/65

BOS Members:

University Representative:

Dr. Satishkumar

Satishkumar

Professors from other colleges:

Prof. N.K. Jyothi (Jaihind College)

Prof. Shama Todurkar (SIES. College)

Dr. Meghna Basu Thakur (National College)

Shrotriya

Mishra
13/2/19

Industry Experts:

Dr. Ann Dolly

Dr. Hansika Kapoor

Dolly
H Kapoor

Head of the department:

Prof. Ruby Pavri

Ruby Pavri

Staff of the department:

Prof. Linda Dhakul

Fr. Dean Fernandes

Linda Dhakul 13/2/19
Fr. Dean 17/2/19

Student Members:

Ms. Mrunmayee Pathare

Mr. Darshil Shah

Mrunmayee Pathare
D. H. Shah

Recommendations: (1) No of students not more than 25

(2) Clear Eligibility criteria with selection needs need to be clarified

* (3) Changes suggested in the content of the course.

(4) Indian references / more reading by which needs to be added -

Mishra
13/2/19

Satishkumar
13/2/19



Linda
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65



ST. XAVIER'S COLLEGE
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0662/65

RESOLUTION

The Board of Studies in Psychology, St. Xavier's College, Autonomous, Mumbai, at the meeting of the Psychology BOS, held in the Board Room of the college on Friday 1st March 2019, hereby approves the syllabi drafted for the following Post Graduate course to be offered in Psychology, with effect from June 2019.

Diploma in Expressive Arts Therapy (1 year course)

- 101 Expressive Arts Therapy Theoretical Foundation - I
- 102 Expressive Arts Therapy Skills - I
- 103 Counselling Theories, Process and Skills - I
- 104 Fieldwork Orientation and Development
- 105 Dissertation Design and Methodology
- 201 Expressive Arts Therapy Theoretical Foundation- II
- 202 Expressive Arts Therapy Skills - II
- 203 Counselling Theories, Process and Skills - II
- 204 Field work Practicum
- 205 Dissertation Submission

PSYCHOLOGY BOARD of STUDIES MEMBERS

Head of Department: Ms. Ruby Pavri

Faculty of the department: Ms. Linda Dhakul
Fr. Dean Fernandes

One VC nominee (subject expert)

Ms. Jyothi N.K. (Vice Principal, Jaihind College)

Two Subject experts (from outside the parent university)

Ms. Archana Patki (Vice principal and HOD, Dept. of Psychology, Smt. Maniben M.P. Shah Women's College, Matunga, affiliated to SNDT)

Ms. Madhuri Vaidya (HOD, Dept. of Psychology, P.N. Doshi College, Ghatkopar, affiliated to SNDT)


One industry representative

Dr. Hansika Kapoor (Clinical Psychologist and Research Author)

One PG alumnus: Ms. Priya Baid



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2017-2018



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

Department of Psychology
Board of Studies – Minutes of the Meeting
13th March 2018

Eight members were present for the Board of Studies meeting held on 13th March 2018. The members were welcomed and presented with a copy of the agenda for the meeting and the Department's magazine. The efforts of the department were appreciated by the members

The agenda for the meeting was as follows

1. To read the minutes of the previous BOS and to **welcome the new members** to our BOS.
2. To **amend the syllabi** for courses in the following:
 - the applied component for TY counseling psychology (semesters 5 and 6 need to be reorganized as distinct courses, to accommodate students who may opt for either one or both of the semesters, within the choice based system)
 - Psychology of Adjustment (semester 4). The last unit could be amended to bring in the scope of Positive Psychology (an emerging field related to well being)
Proposed **draft of the amendments have been attached** for your perusal. Suggestions made in the meeting can be incorporated and the hard copy of the syllabus can be ratified at the meeting itself.
3. To propose that one field visit per year be arranged for TYBA students, linked to any one of their courses, as part of their realistic job preview experiences. It could be incorporated as a partial component of the CIA2 process for the course/topic it is linked to.
4. To review the modes of internal assessment used by our department.
5. To brainstorm on department contribution to the 150 year celebration of our college and fundraising efforts.
6. Any other matter.

The minutes of the last meeting were read and changes made since then were discussed, namely

- The inclusion of students with disabilities in the TY 6 Paper Psychology Class and the manner in which the experiments have been modified to suit their requirements (in terms of the material, extra time etc.)
- The revision made in the Experiments to be conducted as part of the Psychology Practicals Course (3 Lab Experiments, 1 Cog Lab Experiments and 1 Psychological Test) were discussed. The experiments would cover the same broad topics as before, but would be an adaptation of a recent experiment within the broad area. Journals will be type written and software (turnitin) would allow for plagiarism checks.

Revisions in the Counseling Psychology Paper were discussed, with respect to the semester based system, allowing students to opt for Counselling Psychology as a paper in either Semester 5 or Semester 6 or both semesters.

To ensure that those enrolling for the course cope effectively with the subject matter, a suggestion was made to make mandatory readings a prerequisite, particularly for those opting for the course only in the 6th Semester. Suggestions were made (and incorporated) as to modules to be added into the Counselling Psychology syllabus, based on their relevance to recent trends (viz. technology, social media related problems, their physical and psychological damage).

Experts who could be called in to cover certain topics were recommended

- Responsible Netizens
- Pooja Gala – Inclusive approach to counseling students with disabilities

The Psychology of Adjustment syllabus was also discussed. Positive psychology (critical evaluation of the field and research) was introduced as a new topic in the syllabus under the unit on Mental Wellbeing and Positive Psychology.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL

ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

The CIA modality over the past academic year was discussed. Suggestions were made to use tests other than intelligence, use past CIA question papers or an existing test for the Item Analysis Assignment in Semester 6 (CIA II) – for the Psychometrics and Statistics course.

One field visit per academic year was suggested as a part of any of the TY courses. Places for field visits (viz. Sadhna School, Pune Mental Hospital) were recommended by the members of the Board.

A decision was made regarding the maximum intake capacity for TY 6 Papers Psychology to be 30 students given that the Department has only 3 teachers on staff.

Contributions to the 150 years Celebration were discussed with respect to the Department setting up courses, seminars, lectures.

At the post graduate level


- Forensic Psychology as a self-financed diploma course, to be set up permitting students with a MA in Psychology / or Forensic Science. The course will need to be registered (stating its equivalence to other existing courses) to ensure employability of trainees after the course.
- Other course - Cyber Psychology , Sports Psychology

At the undergraduate level (*students cannot use the diploma to obtain jobs once they have completed the course*) Health Psychology was suggested as a course that could be started by the Department.

Suggestions were made to create 1 year courses to help fill the 'gap year' for students applying abroad.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology


PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

© 2262 0661/65

13-3-18

RESOLUTION

The Board of Studies in Psychology, St. Xavier's College, Autonomous, Mumbai, at the meeting of the Psychology BOS, held in the board room on Tuesday 13th March 2018, hereby approves the amended syllabi of the following courses in Psychology with effect from June 2018 for the odd semester and November 2018 for the even semester, respectively.

| | | | |
|------|--|----------|--------------------------------|
| SYBA | Psychology of Adjustment | AAC 4.01 | (POA 4 th semester) |
| TYBA | Counseling Psychology & Psychodynamic Approaches | PSY 5.06 | |
| TYBA | Action Oriented Therapies & Counseling for Youth | PSY 6.06 | |

BOS Members

University representative
Professors from other colleges

- Dr. Gautam Gawali
- Prof. N.K. Jyothi
- Prof. Meghna Basu Thakur
- Prof. Shama Todurkar

Industry Experts

- Dr. Anne Dolly
- Ms. Mansika Kapoor

Head of the Department
Staff of the Department

- Ms. Ruby Pavi
- Ms. Linda Thakur

Student Members

- Pratha Shah
- Pooja Kulkarni



Linda

PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2016-2017



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

© 2262 0661/65

Minutes of the BOS meeting held in the
department on Saturday 4th March 2017.

- Nine members attended the BOS meeting.
- Dr. Gantam Gawali was welcomed to the BOS and minutes of the previous meeting were read out. The main outcome of the previous BOS was a successful "trimming" of the entire syllabus, in order to adhere to the management's directive of having only 4 modules for a 4 credit course (which has 4 lectures a week) and 3 modules for a 3 credit course (which has 3 lectures a week).

Other suggestions that were implemented were exposure to a qualitative study in Feb 2016 for the TY 6:03 internal assessment.

Social Involvement was also highlighted through the TY 6:06 CIA II Counseling Psychology project and the 5 hours SIP on campus offered by each department.

- The TYBA syllabus is due for revision and was discussed in the board, suggestions were recorded:

Psychometrics & Statistics

- let students understand the process of how a test is revised, but do not include details on all test versions in the syllabus
- Use the term 'scales' rather than 'tests' (eg. WAIS)
- Distribute the 4 lectures a week such that some statistics is done all through the year & starts earlier.



NAAC SSR Cycle 4 (2015-2020):
1 1 2 BoS Minutes - Psychology

A. Hindu
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



Get the double majors also for the orientation lectures on ^{research methods} statistics (that the single majors get due to exposure to practicals) and report writing. That way their conceptual foundation will be stronger (rather than just knowledge of how a formula is applied).

Abnormal Psychology

- find input from an Indian context (field visit?)
- Rephrase the topic as "Dementia: Alzheimer...."
- Focus on the disorder (etiology & symptoms) rather than treatment for each disorder. Instead, the chapter on "treatments" can give an overview of the approaches to treatment for psychopathology.
- Rather than presentations (on personality disorders) give students a CIA that makes them think.

Industrial - Organizational Psychology

Convert the ~~last~~ 'stress' topic into Work Ethics & Life skills (which can include decision making, goal setting, planning, integrity, celebrating diversity etc.)





Cognitive Psychology

- emphasis on 'classic studies' could be reduced & exposure to application of cognitive psychology could be brought in.

Counseling Psychology

- use the term 'elderly' instead of 'aged'
- include career counseling (along with diverse populations)
- move the topic of crisis counseling into the module with behaviour & cognitive therapies.
- include information on working with disabilities (psychological rehabilitation) link it to SIP somehow?

Practicals

- the University system is currently conducting 2 experiments, 1 test & 1 coglab per semester on the following topics.

Attention (stroop)

Language (Sentence/Picture)

Locus of Control (personality test)
correlates I, P, C

Coglab (stroop)

Model of memory (LOP)

Proactive Inhibition

Ravens SPM (g factor)

Coglab (Proactive inhibition)
reliability calculated

They also have a demonstration of SPSS

and an orientation to concepts of Research Methods.

All their experimental designs are single IV (simple) designs. The coglab expts are also on the same topics as the lab expts done.





ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

RESOLUTION



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

☎ 2262 0661/65

RESOLUTION

The Board of Studies in Psychology, St. Xavier's College, Autonomous, Mumbai, at the meeting of the Psychology BOS, held in the Psychology department on Friday 28th April 2017, hereby approves the amended syllabi of the following courses in Psychology, with effect from June 2017 for the odd semester and November 2017 for the even semester courses respectively.

FYBA

- Introduction to Psychology (A.PSY.1.01 and A.PSY.2.01)

SYBA

- Social Psychology (A.PSY.3.01 and A.PSY.4.01)
- Developmental Psychology (A.PSY.3.02 and A.PSY.4.02)
- Psychology of Adjustment (AAC.3POA and AAC.4.POA)
- Psychology of Gender (AAC.3POG and AAC.4.POG)

SYBSc

- Psychology of Relationships (S.CFC4PR)

TYBA

- Psychometrics and Statistics (A.PSY.5.01 and A.PSY.6.01)
- Abnormal Psychology (A.PSY.5.02 and A.PSY.6.02)
- Industrial-Organizational Psychology (A.PSY.5.03 and A.PSY.6.03)
- Cognitive Psychology (A.PSY.5.04 and A.PSY.6.04)
- Psychology Practicals (A.PSY.5.05 and A.PSY.6.05)
- Counseling Psychology (A.PSY.5.06 and A.PSY.6.06)

BOS Members:

| | |
|---------------------------------|--|
| University Representative: | Dr. Gautam Gawali |
| Professors from other colleges: | Prof. N.K. Jyothi (Jaihind College) Prof. Veena Kumar (K.C. College) <i>Kumar</i> Dr. Chitra Munshi (Raheja College) <i>Chitra</i> |
| Industry Experts: | Dr. Anur Dolly <i>Anur</i> Dr. Shenaz Elavia |
| Head of the department: | Prof. Ruby Pavri <i>Ruby</i> |
| Staff of the department: | Prof. Linda Dhakul <i>Linda</i> |
| Student Members: | Ms. Priya Baid <i>Priya</i> Ms. Radha Joshi <i>Radha</i> |



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Alinda
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2015-2016



Minutes of the BOS meeting
held in the department on 11/1/2016.

The main agenda for the meeting was a discussion of the syllabus (that had to be adapted to the guidelines specified by the college) and the kind of evaluation methods being considered for the second CIA.

The even semester courses were already adapted by the department staff earlier, the BOS members commented on some of the changes and gave the following suggestions:

SYBA (SOCIAL) - personality theory could be covered through a lecture series.

(DEVPT) (rather than a separate chapter) it is good to focus on the development in late adulthood because geriatric issues & concerns will be ^{even more} relevant for our society as that population increases.

(POA) Is there any way of including information on the "third gender"?

TYBA - Think of developing courses in the future that are interdisciplinary (like Behavioural Economics) that caters to students of more than just Psychology.

- Give students awareness of newer tests being used in the field (newer methods of testing intelligence, personality etc).

- Barlow is recommended as a text/reference for Abnormal psy. (due to its better content & style)



Alinda



The odd semester syllabi were discussed in more detail & suggestions for adapting these courses were noted down.

* **FVBA** - merge neuroscience & sensation
(key aspects of sensation to be covered while dealing with the module on Lobes of the cortex)

* **SYBA** -
SOCIAL Ψ \rightarrow The orientation to Social Ψ & its methodology needs to be condensed into a module, could be combined with Social Influence.
(The CIA 2 could be on group processes)
The chapters on Prosocial Beh & Social Perception were retained.

DEVP Ψ \rightarrow Infancy (needs to be comprehensive)
First topic needs to be revised
(key issues, heredity & envt modules could be deleted) Orientation, prenatal & birth
Early childhood is retained

POA \rightarrow Merge the chapter 3 (Taking charge of your life) with chapter 1, with some adjustments
Other topics remain

POG \rightarrow Merge chapter 3 & 4 by trimming some of the subtopics & rewording them

* **TYBA** -
Statistics \rightarrow chapters on Stats can be merged.
normal \rightarrow criteria, prevalence assessment (overview)
all added into the 2nd chapter.
Give awareness of Indian context





I-O Psy → combine performance appraisal with training
Cognitive Psy → Combine topics 1 & 2 with training
of 1 to fit in with 2
Counseling → Chapters on skills & action plans
can be combined.

* Some General suggestions / comments:

- It is good to give them exposure to Open Source type of software that will prepare them for what is expected at the MA Level.
- The process of "trimming" syllabus has brought into focus the difficulty of dealing with all the relevant content in the limited time we have. Students are ~~getting~~ sometimes losing out on the essence of the subject due to the need to fit in with limitations of time & practicality. Could be discussed at the Academic Council Meetings.
- The newer types of evaluations have given students exposure to a Qualitative Research method as well (earlier, the focus was mainly quantitative psychology).
- The dept has attempted to interact with the SIP dept in creating a ^{mutually} beneficial experience for the underprivileged children, in the form of 4 group workshops on self growth & wellbeing organised by the counseling psy. students. This was appreciated.



Shinde



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

☎ 2262 0661/65

- The staff is still on the look out for good books on Psychology of Gender & a comprehensive book for Counseling psychology, at the undergraduate level.
- The starting of the Cross Faculty Course this year on "Psychology of Relationships" for Science students, was also appreciated.
- We will need to consider offering a more choice based syllabus for our courses in the next few years.



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Alinda
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65



RESOLUTION

ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

11/1/2016

RESOLUTION

The Board of Studies in Psychology, St. Xavier's College, Autonomous, Mumbai, at the meeting of the BOS (Psychology) held in the psychology department on Monday 11th January 2016 hereby approves the amended syllabi of the following courses in Psychology, with effect from November 2015.

- Introduction to Psychology (A.PSY.1.01 and A.PSY.2.01)
- Social Psychology (A.PSY.3.01 and A.PSY.4.01)
- Developmental Psychology (A.PSY.3.02 and A.PSY.4.02)
- Psychology of Adjustment (A.AC.3.01 and A.AC.4.01)
- Psychology of Gender (A.AC.3.01 and A.AC.4.01)
- Psychology of Relationships (S.SPC. 4.01)
- Psychometrics and Statistics (A.PSY.5.01 and A.PSY.6.01)
- Abnormal Psychology (A.PSY.5.02 and A.PSY.6.03)
- Industrial-Organizational Psychology (A.PSY.5.03 and A.PSY.6.03)
- Cognitive Psychology (A.PSY.5.04 and A.PSY.6.04)
- Psychology Practicals (A.PSY.5.05 and A.PSY.6.05)
- Counseling Psychology (A.PSY.5.06 and A.PSY.6.06)

MEMBERS:

University Representative: Dr. Satish Kumar

Satish Kumar

Professors from other colleges:

Prof. N.K. Jyothi (Jaihind College)

Prof. Veena Kumar (K. C. College)

Dr. Chitra Munshi (Raheja College)

Veena Kumar

Experts: Dr. Shenaz Elavia

Dr. Ann Dolly

Shenaz B. Elavia
Ann Dolly

Head of the department:

Prof. Ruby Pavri

Ruby Pavri

Staff of the department:

Prof. Linda Dhakul

Linda Dhakul

Student members:

Ms. Tanvi Ravi

Ms. Meeti Doshi

Tanvi Ravi
H.J. Doshi



NAAC SSR Cycle 4 (2015-2020):
1_1_2_BoS Minutes - Psychology

Abhinda
PRINCIPAL
ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.



ST. XAVIER'S COLLEGE
(AUTONOMOUS)
5, Mahapalika Marg, Mumbai - 400 001,
INDIA.
☎ 2262 0661/65

2014-2015



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

© 2262 0661/65

Minutes of the BOS Meeting
held in the department on 19/3/2015

- Eight of the members attended this meeting.
- Discussion began with some difficulties that the University was having due to which results were delayed and admissions would be subsequently delayed.
- The FYBA syllabus was due for revision and the topics & modules were discussed & then finalized. A new text was proposed and a structural shift in the topics covered across two semesters was approved, after the rationale behind the changes was discussed.
- A discussion on the choices (interdisciplinary paper option) for the T4s followed, it was suggested that our students be encouraged to take the psychology paper (on Counseling) rather than opt for a paper from another discipline since this is a very useful both from the content & skills perspective, even if the student is not currently thinking of counseling as a career.
- The possibility of encouraging internships was discussed next and the following points were highlighted -
 - age of students (vulnerability & skills required)
 - ethical considerations (esp. in counseling/clinical areas)



[Signature]



ST. XAVIER'S COLLEGE

(AUTONOMOUS)

5, Mahapalika Marg, Mumbai - 400 001,
INDIA.

© 2262 0661/65

- observership v/s internship (what are the objectives)
 - undertaking from parents?
 - ✓ - field visit?
 - on line internship.
 - emotional transference? burnout?
 - importance of work experience.
- The possibility of placements was also discussed, with the following points emerging through it
- only 'graduates' (not enough), will need better qualification or will be stuck at a basic level
 - use alumni network to work out placement options and/or placement cell in college?
 - as a dept one cannot take on the responsibility for this, given the workload
 - give information about further education or options in psychology
 - clarify the kind of work to be done (industry, counselling center, NGO...) because the person is still a student.



[Signature]

PRINCIPAL

ST. XAVIER'S COLLEGE
(AUTONOMOUS)
MUMBAI - 400 001.