



To whomsoever it may concern,

This is to state that Ms. Cherryl Pereira has interned with InnerHour from October 2019 to June 2020.

InnerHour is a technology-enabled platform committed to promoting emotional and psychological health and well-being. We aim to empower individuals (independently, or as part of corporates, schools and colleges) to lead happier, healthier and more productive lives.

During her tenure, Cherryl interacted with clients on our digital platform. As part of this task, she not only provided technical assistance to help clients connect to therapists, but also offered emotional support to those in distress. Additionally, she carried out secondary and primary research for new projects that the organisation undertook from time to time.

Cherryl proved to be an invaluable resource to the InnerHour team. She has been incredibly flexible with the organisation and has always been eager to learn and grow. She is sincere, reliable and dependent. Moreover, her pleasant attitude and collaborative approach make her extremely easy to work with. It was an absolute pleasure to have her work with InnerHour.

We strongly believe that she is a desirable candidate for any team and/or institution, and will be a valuable asset wherever she might wish to be. We wish her all the best for future endeavours.

Regards,

Alisha Kalidhar  
Head of Content & Internship Programme,  
InnerHour

