



To whomsoever it may concern,

This is to state that Ms. Gatee Gala has interned with InnerHour from May to July 2019.

InnerHour is a technology-enabled platform committed to promoting emotional and psychological health and well-being. We aim to empower individuals (independently, or as part of corporates, schools and colleges) to lead happier, healthier and more productive lives.

During her tenure, Gatee interacted with clients on our digital platform. As part of this task, she not only provided technical assistance to help clients connect to therapists, but also offered emotional support to those in distress.

Gatee was a quick learner – she picked up the nuances of our platform quickly and did a very good job of offering basic emotional support to our users. She also showed a lot of flexibility in working with us. Her pleasant attitude and strong commitment to her work make her a desirable candidate for any team and/or institution.

We strongly believe that she will be a valuable asset wherever she might wish to be. We wish her all the best for future endeavours.

Regards,

Alisha Kalidhar  
Head of Content and Intern Programme,  
InnerHour

Shivam Talreja  
Manager, Intern Programme  
InnerHour

